



ENDOSCOPY

Date: _____

Check-in Time: _____

Appointment Time: _____

Doctor: _____

- MemorialCare Outpatient Surgical Center Long Beach**
3833 Worsham Ave., Ste 200 Long Beach, CA 90808
T: (562) 426-2606
- MemorialCare Surgical Center at Orange Coast**
18111 Brookhurst Street, Ste 3200 Fountain Valley, CA 92708
T: (714) 369-1100
- Los Alamitos Medical Center G.I. Lab**
3751 Katella Ave Los Alamitos, CA 90720
*The GI lab number is (562) 799-3216

7 days before the exam:

~ If not fully vaccinated to Covid-19, please arrange to have a PCR test performed and results submitted to the Surgery Center

5 days before exam:

~ Stop all blood thinners, unless this has been discussed with the doctor

Day of exam:

1. Nothing to eat after midnight (night prior to exam.) Nothing to drink 6 hrs prior to exam, except for necessary medications which may be taken routinely early in the morning (heart and/or blood pressure meds) with a sip of water.
2. Plan about 2 hours for the study.
3. ***You must have someone drive you home as you cannot drive for at least 12 hours. A taxi or ride sharing (Uber, Lyft, Etc.) service is unacceptable.***
4. Please be sure to bring your **insurance** information and a **photo I.D.** with you to facilitate registration.

Special Notes:

1. If you have an artificial heart valve and require antibiotics before procedures, please notify the doctor.
2. It is preferable to be off all aspirin products, blood thinners, and anti-inflammatories for at least 5 days prior to the procedure day.
3. If you have any questions, please call our office at (562) 595-5421.