

# Long Beach Gastroenterology Associates

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## INFORMED CONSENT FOR FLEXIBLE SIGMOIDOSCOPY

Sigmoidoscopy is a procedure which comprises of placing a flexible lighted instrument through the anus and rectum in order to obtain direct visualization of the lower part of the colon (lower bowel). The procedure is usually well tolerated, although occasionally patients do note abdominal cramping or pain, which often quickly disappears at the end of the test. During the procedure, the doctor may perform ancillary procedures such as taking small samples of tissue (biopsy), cells (cytology), or stool (to check for infections).

Risks of the sigmoidoscopic examination are very small. Bleeding or perforation (hole or tear) occur no more frequently than 0.02% (1 in 5000). If either of these occurs, they will be treated if possible without surgery, but surgery is necessary in some instances.

The description set forth above is designed to inform you of what a sigmoidoscopy entails. If you have particular questions, please be sure to discuss them with your doctor.

I, \_\_\_\_\_, hereby authorize Dr. Severance / Zamost / Yao / Drake / Patel / Norum / Kerekes / Chu and the designated assistant to perform a flexible sigmoidoscopy.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Guardian